

Post-Surgery Checklist

Task	Timeframe	Notes
Keep leg in compression hose or elastic bandage	A month after surgery, or at least until swelling goes down	
Staples and stitches removed	No earlier than 3 weeks after surgery	
Follow-up visit with surgeon	One month after surgery	
Home health, physical therapy	Home health services, including therapy, for one month after surgery	
Outpatient physical therapy	For 4-6 weeks after home health visits are completed	
Travel after surgery	Anytime you are comfortable traveling	
Driving after surgery	About 2-4 weeks, or whenever comfortable and in control of limbs	