

Pre-Surgery Checklist

Task	Timeframe	Notes
Visit a medical doctor for a complete check-up to make sure you are ready for surgery. We can arrange this visit, or you can see your own family doctor.	Must be completed prior to surgery.	
Visit your dentist for dental clearance; have any necessary dental work completed.	Must be completed prior to surgery. (This step is not necessary if you wear dentures or if a dental check was clear in the past six months.)	
If requested, see a cardiologist for a heart examination.	Must be completed prior to surgery.	
Attend pre-op screening arranged by Dr Bal's office.	7-10 days before surgery	
Prepare your home for post-surgery. See page 20 for details.	Any time prior to your scheduled surgery date	
Make arrangements for an adult companion to stay with you during the first few weeks at home	Any time prior to your scheduled surgery date	